

# R.O.A.R Report

Visit us at: <http://rimrock.mesa.k12.co.us/>  
Old editions will be archived on our website.



**Mission Statement:** *Is to be a school community where all learners (students, staff and parents) are valued and continuously strive to achieve our personal best.*

**Si usted necesita una traducción en español favor de llamar al 254-5484. Estamos para servirles.**

**On-Line Family Handbook** – <http://www.rimrockfamilyhandbook.weebly.com>

**Like us/Follow us on Facebook:** <https://www.facebook.com/Rim-Rock-Elementary-178372062579265/>

September 27, 2017

## Upcoming Dates

PTO Meeting —Thursday, October 5<sup>th</sup> 4:00 pm

**4<sup>th</sup> Grade Music Program – Holloway, Ripple, ½ Schaeffer**  
–Tuesday, October 10<sup>th</sup> –6:00 pm

4<sup>th</sup> Grade Music Program – Hoffman, Nicholson, ½ Schaeffer  
– Thursday, October 12<sup>th</sup> –6:00 pm

**Walk to School Day and Heavenly Hats – October 13<sup>th</sup>**

No School – Monday, October 16<sup>th</sup> –Work Day for teachers

**Conferences – Tuesday – Wednesday October 17, 18 and**  
**Tuesday – Wednesday 24, 25 – 4:00 – 8:00 pm**

No School – Thursday, Friday October 26, 27 – Comp Days  
from Conferences

2. Review Safety Plan
3. Share and Review School Budget
4. Sharing Growth and School Performance Framework Data

Carolyn Nenne will continue to be our chairperson. Any interested parents and community members are always welcome to attend. We do have child care available during these meetings. If you have any questions, please feel free to contact me. Our next meeting is scheduled for November 16 at 4:15 pm. We will have a District Advisory Council Representative present and review our School Improvement Plan (including our goals) for the '16 – '17 and '17-'18 school years.

## Focus on Learning

### Engaging Your Children in Conversations about Their Day



Reflecting on and processing our day with others is an important way to solidify and validate our learning. Here are some questions you can ask your children to engage their brain and learn about their work at school:

- What did you read about today?
- What did you write about today?
- Do you have a goal? If yes, what is it and how do you know you met it?
- How did you show or talk about your thinking in math today?
- What part of your day made you laugh and why?
- What was the best part of your day and why?
- What did you learn in specials today?
- What did you do that was kind today?
- How did someone help you today?

These are just some suggestions, we would love for you to share others as well as some of the responses. You can respond to our post on Facebook with some of your favorites!

## School Advisory Council (SAC)

We held our first SAC meeting on Thursday, September 14 at 4:15 in our conference room. Our agenda included the following items:

1. Introductions and Planning

## Conferences and Book Fair



It's almost time for Fall Conferences. Each year we strive for 100% participation in all of our conferences. We know a strong relationship and clear communication are keys to your child's educational success. As a staff, we chose to have all of our conferences in the evening to support most families work schedules. We look forward to seeing you all on the evenings of October 17<sup>th</sup>, 18<sup>th</sup>, 24<sup>th</sup> or 25<sup>th</sup>. Make sure you also swing by our library for our annual Book Fair!!

## Costumes on Halloween

Two years ago, our staff voted to allow students to wear costumes on Halloween. Last year was our first year and we were excited that students followed our expectations so we are choosing to continue this practice another year. With that being said, **all** of our students can wear costumes to school Tuesday, October 31. We ask that when you are picking out costumes, please remember that students come to school wearing their costumes and must be able to participate in their learning **all day** in costume without adult assistance – there will not be a parade. With this in mind, please ensure the younger ones do not need assistance with costumes when



using the restroom. Costumes must follow our school dress code and should not include masks. Costumes cannot be inappropriate for school. We ask that the costumes not be too scary, gory, or include weapons or blood of any kind. Teachers can ask students to remove hats or other items if they are distracting or disrupting the learning of any child. Again, this is a year-to-year decision on our part – having families follow our guidelines, will lead to future opportunities for costumes on Halloween here at Rim Rock.

## Focus on Safety

### Before School Safety

We have had several students coming to campus earlier than 8:35 am. Please remember, we have staff assigned to playground supervision starting at **8:35 a.m.** each morning.

Children **should not be on school grounds** before this time as there is no adult supervision.



### Bikes, Scooters – anything with wheels



For **everyone's** safety, we ask that **ALL** bikes and scooters be walked on campus. This includes adults as well as older siblings coming to pick up younger brothers or sisters.

We have lots of bodies in a small area and in order to avoid collisions we need all devices with wheels walked at **ALL** times.

Thank you for supporting the safety of everyone on our school grounds.



### Safety and Flow of Traffic in Our Parking Lot

**Thank you!!!** Most families are following our safety guidelines and our parking lot is flowing well considering our size. Our top three safety and community concerns occur 1) when students run out to meet family members at their cars in the parking lot; 2) when cars are left unattended along the curb; and 3) when families park on the east side of Fremont Drive. PLEASE, PLEASE, PLEASE remember expectations even when we have our first snow or it is raining during dismissal. As our mornings get cooler and fewer families are biking/walking to school, please be patient and plan for a little longer trip through the parking lot. Safety is our number one concern.



## Focus on School Community and Culture

### News from our Student Council

This Friday will be our first spirit day!! The theme for our first day is “twin day.”



Two or more students can dress alike. When we have spirit days, hats are allowed. However, please remember, classroom teachers can ask that they not be worn during class if they are distracting.

We look forward to seeing all of our twins!

### The Counselor's Corner – Kristen Walke

September's counselor lessons focused on calming kits. Every classroom received a calming kit and learned the expected way to use the calming tools as a support to manage their thoughts, feelings, and actions. Students also learned a song about the calming kits. Have your student sing the song to you.

Calm, calm, calm my brain.

Calm it with a kit.

Relax my feelings and my thoughts,

Before I flip my lid.

(to the tune of Row, row, row your boat)

“Self-regulation, or being able to manage feelings and behaviors well in these heated moments is a skill that takes time to develop. Much like riding a bike or learning to read, self-regulation is going to take a lot of practice. It will come with a lot of mistakes and confusing moments, possibly with tears, tantrums, aggression and ugly words. Yes, as children learn how to deal with big feelings unhelpful behaviors will show up.

Here is a big key to making these moments happen less and less: Help your child learn how to calm down when they are still calm. This practice can actually go a long way at preventing reactivity and ugly moments when things get more heated up.

**Calming kits can be an effective positive parenting tool for reducing aggression and encouraging better behavior.**

Building a calming kit to keep in your home is a great way to get started with helping children learn to understand and better manage emotions. Beyond limiting behavior, listening and validating your child when emotions run high, offering your child a chance to calm down by playing, tinkering or talking goes a long way.” (excerpt taken from: <http://www.positiveparentingconnection.net/encouraging-better-behavior-by-creating-a-calming-kit-for-kids/>)

To learn more about building a calming kit at home go to: <http://www.positiveparentingconnection.net/encouraging-better-behavior-by-creating-a-calming-kit-for-kids/>

**Our first walk to school day is October 13<sup>th</sup> – watch for more information!!!**

