

R.O.A.R Report

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Mission Statement: *Rim Rock nurtures and equips mindful, engaged and empowered learners.*

Si usted necesita una traducción en español favor de llamar al 254-5484. Estamos para servirles.

Like us/Follow us on Facebook: <https://www.facebook.com/Rim-Rock-Elementary-178372062579265/>

August 29, 2018

Upcoming Dates

No School – Monday, Sept. 3 – Holiday

PTO Meeting - Thursday, Sept. 6 – 4:00 pm - Library

Picture Day – Tuesday, Sept. 11

School Advisory Council - Thursday, Sept. 27 - 4:15 pm

Focus on Learning:

School Advisory Council (SAC)

We will hold our first SAC meeting on Thursday, September 27 at 4:15 in our conference room. Our agenda will include the following items:

1. Introductions and Planning
2. Review Safety Plan
3. Share and Review School Budget
4. D51 Learning Model

Carolyn Nenne will continue to be our chairperson. Any interested parents and community members are always welcome to attend. We are arranging for child care during these meetings. If you have any questions, please feel free to contact me.

Ways to Share our Work

Our staff is always hard at work to provide the best learning opportunities for your children. We want to encourage you to be a partner in this learning and work by engaging in conversations with your child about their day. One way we are sharing and supporting you with conversation starters is by posting weekly events and/or thought on our school Facebook page: <https://www.facebook.com/Rim-Rock-Elementary-178372062579265/>. **#LynxLearning**
#WeareD51

Focus on Safety:

Before School Safety

We have staff assigned to playground supervision starting at **8:35 a.m.** each



morning. Children should not be on school grounds before this time as there is no adult supervision.

Hand Sanitizer

We have seen quite a few students with hand sanitizer products in their lunch boxes. Please be advised that students should not carry hand sanitizer in their pockets, backpacks or lunch boxes. We will be offering hand sanitizer in the cafeteria and in some classrooms (it is kept and monitored by the classroom teacher). We also highly encourage students to wash their hands several times a day.



We appreciate your support of this safety effort and ask that you do not send any hand sanitizer products with your children.

Drills



On August 17 and August 23 we held our first two fire drills. Having conversations with your child(ren) about these drills will help reinforce the importance as well as decrease the level of anxiety. In addition, to support reducing the anxiety, all fire drills will be announced this year.

We will have our first Lock Down drill before the end of this semester. Our first drill will be a Shelter-in-Place drill. During this drill we pull all students and staff into the building, continue our learning but ensure that students and staff remain in classrooms and in the building. Having this type of drill first, will allow students to get used to the idea of a lockdown and prepare them for our Lock Down later in the year.

Attention All Dog and Cat Owners

Our district **prohibits** any dogs or cats on school grounds (except service animals). Many of you have been taking



advantage of the warm weather and bringing your furry friends along with you to school. Our policy includes pets walking to and from school. Basically, they should not be on school grounds unless confined within a vehicle. As most of you know, I am an animal lover and enjoy seeing all of your pets; however, we need to follow the required State Health Departments guidelines ('Rules and Regulations Governing Schools in the State of Colorado', Regulation 3-402) and Board Policy IMC-R (Animals on School Premises).

Safety and Flow of Traffic in Our Parking Lot



To keep students safe, help with the flow of cars and prevent staff and parents from being blocked in, we have the following expectations:

- Stay in your car if you stop along the curb. The curb is for PICK UP / DROP OFF ONLY.
- Avoid stopping in the areas marked in red or outlined with cones.
- If you are going into the building, **please** park in a parking space or along the road - not behind parked cars or along the curb or in the bus loop.
- For Safety reasons children are instructed to remain on the sidewalk until escorted by an adult to cars out in our parking lot. Please help us reinforce this procedure by discussing this procedure with your child.
- If you are parking on the dirt path along the fence, please park with your car facing South.
- Many families/students walk and ride to school together - please remember, for safety reasons, all bikes, scooters and skateboards need to be walked on campus - this includes adults as well as older and younger siblings.
- Please refrain from cell phone use in our parking lot.
- **Please do not block the handicap designated spots or ramps.**

In addition, you can park all along J 6/10 - you can also park along the **west** side of South Fremont

Street - however, it is a **no parking zone** along the east side (the fence side).

As a reminder, we do have two staff members serving as cross walk guards to assist students/families in crossing the street. Many families utilize these guards and stop along the curb to let children out to cross at the cross walks. We also have a large number of bike and scooter riders that support the flow of our traffic- rain and snow will add to the number of vehicles - keep this in mind.

We are always thinking of ways to keep your children safe and we appreciate your patience as well as your support in following these guidelines.

School Messenger

If you would like to "opt in" to text notifications from District 51, please text "yes" to 67587.

Focus on Our Community:

Notes from Enrichment

Hello! I am LaReina Kalenian, and I am your child's Enrichment teacher. What is Enrichment class? It is a specials class just like Music, Computer, Library or P.E. In Enrichment, students focus on Social and Emotional Learning (SEL). They learn self-awareness and self-management strategies, which will branch out into learning social-awareness and social-management strategies.

We are starting our year with several lessons about mindfulness and how it has a positive impact on the brain and our learning. I'm using the MindUP Curriculum, which is research-based. First, we'll review the parts of the brain and their jobs. Then, we'll learn how mindful attention helps our brains work effectively. Students are learning to use mindful attention to be aware of the present moment, which in turn helps them regulate emotions and develop better focus. It is my hope this will lay the foundation to take on challenges in our classrooms and in life in general.

This is my nineteenth year as a teacher and my fifth year teaching in District 51. I grew up in Grand Junction and went to high school at Fruita Monument. After I graduated from University of Colorado I stayed on the Front Range for 20 years. When my son was born, my husband, Noel, and I decided we

wanted to return to our roots and our families and came back to Grand Junction. We have two kids, Ruby (2 years old) and Thomas (5 years old). I test out many of my lessons on my own children, which is a benefit and burden of being a teacher's kid! Please contact me *any time* you have questions or want to know more about what we're doing in Enrichment, and look here to find out what we're up to every month. Thank you!
 LaReina Kalenian
 Lareina.kalenian@d51schools.org

Counselors Corner

Dear Rim Rock Families,

Welcome to a new school year at Rim Rock Elementary School! We are thrilled to announce that we have added a part-time counselor (Amanda Hawkins). We are excited for this school year, and our new counseling team! We believe this additional support will allow us to have a positive impact on student learning, and provide solid support in the areas of social and emotional development. We look forward to partnering with you and supporting all learners. As elementary school counselors, our role is to provide support to students, teachers, and parents with the overall goal of student success.

We have a variety of fun lessons and activities planned during the year that will teach important life skills to all students as well as support and encourage them to have a successful year. We have the opportunity to meet with each class (Kindergarten - 5th) two times per month. Our lessons this year will support the classroom teacher's social/emotional learning work by reinforcing the concepts set forth by the D51 SEL framework. They will relate to self-awareness, self-management, social awareness, and social management, while weaving in pieces of bullying-proofing, growth mindset, habits of mind, and personal safety.

Along with these lessons we will have ongoing class discussions that focus on using kind words, being a good friend, dealing with bullying situations, problem solving, and maintaining our school as a caring community. In August, the counselors' lessons will focus on ROAR behavior, an introduction to what the school counselor does, and a getting to know you activity.

In addition to classroom workshops, we will offer small groups where students will work with others who may be dealing with similar life issues. These groups will focus on topics such as grief, changing families, social skills, feelings, friendship, etc. Participation in small groups will happen as students are identified and referred by their classroom teacher, parent or guardian, or by a personal request. Small group activities for students will happen during a time that is least disruptive to classroom learning, and will happen only with parent permission. We believe that small group workshops can be a powerful way for students to connect and share similar experiences in a safe environment. As needed, we will also meet with students on a brief individual basis to offer more focused support. If together we decide that your student would benefit from professional counseling services, we can also provide a list of outside counselors that may best fit your family's needs.

If you have any questions or concerns regarding your child, please do not hesitate to call us at 254-6770 ext. 5. We look forward to sharing a wonderful year with your family!

Respectfully,
 Kristen Walke and Amanda Hawkins
 Rim Rock Elementary School Counselors

